



INFORMATION FOR AIDES

Thank you for assisting a student at ECOS Institute. This is an exciting opportunity for both of you to enjoy the outdoors and participate in the science studies. The student's abilities will dictate the amount of assistance needed. Please review the expectations before you arrive on site to prepare yourself for a successful week.

Your duties on site will include:

- Pushing the wheelchair (if used by the student).
- Accompanying the student to all activities.
- Helping the student with self care skills (e.g., dressing, showering, personal hygiene, or moving about the cabin).
- Eating meals with the group and helping the student eat, if necessary.
- Providing assistance during activity times, if necessary.
- Sleeping in the cabin with the student and attending to any of his/her needs which occur during the night. You and the student may be lodged separately or with his/her cabin group, depending on the needs of the student.
- Coordinating with the program director to find appropriate times for your own showers, breaks, etc.

ECOS Institute is at an elevation of 6,500 feet with steep hills and uneven terrain. Pushing a student in a wheelchair can be strenuous. Students are involved in activities from 7:00 a.m. until 9:00 p.m. most days. If a student requires a high degree of assistance, more than one aide may be necessary. Please communicate with the student's school prior to attending if you feel that you cannot carry out your duties.

ECOS Institute staff will:

- Provide science instruction.
- Select activities and games which include the student in the group as much as possible.
- Monitor and implement discipline and safety policies.

ECOS Institute staff are not trained to work with all special needs students and are not required to assist in areas such as pushing wheelchairs or assisting with bathing and personal hygiene.